



# FACTS IN A NUTSHELL

## Peanut-Free Fund Raising

- ✓ Peanut allergies are the most common food allergy.
- ✓ Allergies to peanuts affect 1.5% of children (more than 3 million Americans).
- ✓ The percentage of children with peanut allergies has more than tripled in just over a decade. These results show that there is an alarming increase in peanut allergies.
- ✓ Reactions can be life-threatening, and the only treatment is to avoid all traces of peanuts and other peanut-containing products.
- ✓ School Administrators, teachers, parents, coaches, those involved in children's activities, need to be very sensitive to these statistics.
- ✓ As little as 1/1000 of a single nut can cause an allergic reaction.
- ✓ Many schools have a PEANUT-FREE zone or are going completely PEANUT-FREE.